



Saturday, September 7, 2024

Walk a Mile in Her Shoes

Date and Time: Saturday, September 7 11:00 am - 1:00 pm

Address: South Shore Centre 205 Lakeshore Dr, Barrie, ON L4N 7Y9

Put on your red high-heeled shoes and take a stand against domestic violence at the 15th Annual Walk a Mile in Her Shoes event in Barrie. The Walk gives participants the opportunity to bring awareness amongst our communities, offering prospect for healing, and demonstrating their willingness to walk with women and children as allies, advocates and survivors. Be a part of the movement to end domestic violence, join us for a fun-filled event and chances to win prizes as we walk together in solidarity.

Participation Fee: \$30.00

Saturday, September 28, 2024

Coldwater Family Day

Date and Time: Saturday, September 28 1:00 pm - 4:00 pm

Address: 4055 Line 5 N

At ICD, we value Community with a capital C. Connecting with others living with similar challenges and acknowledging those who offer us support is key to thriving as a whole.

Come on out to ICD's Coldwater Family Day for a fun-filled afternoon of hiking, climbing, community and more!

Bring a water bottle, some active shoes, friends, and your biggest smile as we get ready for an epic afternoon of connection and adventure. Dress for the weather!

Saturday September 28th, 2024 1pm - 4pm

Where : Sugar Valley Farm, Coldwater, ON

Quality time with peers and diabetes leaders leads to proven outcomes in physical and mental health for youth. Our team provides support and mentorship for T1Ds, through experiential learning in Ontario's backyard. This event is open to everyone!

ICD is a leader in exercise and diabetes with experts in the science who talk the talk and athletes who walk the walk. We've hosted thousands of type 1s in everything from a fun day of sport to week-long camps and extreme challenges. We focus on how to manage diabetes effectively in the midst of real life challenges and use active programs to bring strategies to life. If you're looking to share an afternoon of activity, and build on diabetes skills, come pay us a visit.

Thank you to the Ontario Trillium Foundation for making our dreams possible. Keep an eye out for many more events hosted at Sugar Valley for all ages and abilities.

Gordon Lightfoot Tribute Show/2nd Event

Date and Time: Saturday, September 28 2:00 pm - 4:00 pm

Address: 165 Line 15 North, Orillia, Ontario, L3V 0H5

Hosted at the Forest Home United Church. Doors will open at 1:00 PM. Rick Groves & Vince Therrien will be playing Lightfoot classics as well as original songs inspired by Lightfoot. Refreshments will be available.

<http://events.oro-medonte.ca>